



Dragana Drljačić

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Gender: Female **Date of birth**: 16/01/1973 **Nationality**: Serbian

ABOUT ME

PhD in physical education and sports, Head of study program Physiotherapy at the College of Sports and Health, professor of Kinesiology, Biomechanics of Sport, Antropomotrics, and Motor control; lecturer in Anthropomotrics and/or Biomechanics of Sports at a course for operational coaches in sports and a seminar for obtaining a B license for football coaches organized by the Football Association of Serbia.

Experienced in organising and moderating scientific conferences; reviewer of scientific papers. Author or co-author of scientific papers in the field of sport and health; coordinator and/or realizer of national and international projects in the field of sports and health. A long term Professional associate of the SDCS, with PE teacher, coach and instructor work experience. Worked on every Erasmus+ projects SDCS participated in.

EDUCATION AND TRAINING

[2016]

PhD Physical Education and Sport

University of Belgrade, Faculty of Sports and Physical Education <http://www.dif.bg.ac.rs/>

Address: Blagoja Parovica 156, 11000, Belgrade, Serbia

Thesis: Evaluation of the Method for the Assessment of Hand Function in the Manipulation Tasks

[2007]

Professor of Physical Education

University of Belgrade, Faculty of Sports and Physical Education <http://www.dif.bg.ac.rs/>

Address: Blagoja Parovica 156, 11000, Belgrade, Serbia

[1991]

Nurse

Medical School "Dr Andra Jovanovic" <https://medicinskasabac.edu.rs/>

Address: Cara Dušana 9, 15000, Sabac, Serbia

WORK EXPERIENCE

[2021 – 2023]

Assistant Principal

College of Sports and Health

City: Belgrade

Country: Serbia

[2019 – Current]

Head of Study Program Physiotherapist

College of Sports and Health

City: Belgrade

Country: Serbia

[2017 – Current]

Coordinator of the Project Team of the International Office

College of Sports and Health

City: Belgrade

Country: Serbia

- [2017 – 2019] **Head of International Office**
College of Sports and Health
City: Belgrade
Country: Serbia
- [2016 – Current] **Professor of Vocational Study**
College of Sports and Health
City: Belgrade
Country: Serbia
In the Study program the Vocational Physiotherapy teaches Kinesiology and Motor Control, and in the study program Sports Coach teaches Anthropometrics and Biomechanic of Sport.
- [2016 – Current] **Professional associate**
Sport Diagnostic Center Sabac
City: Sabac
Country: Serbia
- [2013 – 2016] **Sports Coach & Choreographer**
Gymnastic Club "Kami"
City: Sabac
Country: Serbia
- [2011 – 2016] **Pilates Instructor**
Polyclinic DM
City: Sabac
Country: Serbia
- [2009 – 2016] **Teaching Assistant in the field of Physical Education**
Preschool Teacher Training College Sabac
City: Sabac
Country: Serbia
She held practical classes in Rhythmics and dance, Activities in nature, Methods of physical education I and II, Anthropometrics of preschool children, Physical training of preschool children, and Children's development through play.
- [2009 – 2009] **Educator**
Boarding House of Secondary Agricultural School
City: Sabac
Country: Serbia
- [2006 – 2009] **Director**
Creative Digital Printing
City: Sabac
Country: Serbia
- [2004 – 2006] **Owner**
Centar za grafička istraživanja / Center for Graphic Research
City: Sabac
Country: Serbia
- [2002 – 2003] **Teacher of Physical Education**
Elementary School „Majur“
City: Sabac

Country: Serbia

[1996 – 1997] **Personal Coach**

Elite Club, Hyatt Regency Belgrade

City: Belgrade

Country: Serbia

[1995 – 1996] **Aerobics Instructor**

Power Gym

City: Belgrade

Country: Serbia

[1995 – 1996] **Aerobics Instructor**

Roda Sport

City: Belgrade

Country: Serbia

[1994 – 1996] **Student Demonstrator on Anatomy Course**

University of Belgrade, Faculty of Sports and Physical Education

City: Belgrade

Country: Serbia

[1995] **Tourist Animator**

Hotel "Holidays in Evia"

City: Erethria

Country: Greece

[1994] **Tourist Animator**

Hotel "Inex, Zlatna obala"

City: Sutomore

Country: Montenegro

CONFERENCES AND SEMINARS

[03/2019] **Annual seminar of the Athletic Association of Serbia** Kragujevac, Serbia

Invited Lecturer: *Preventing Youth Sport Dropout*

[12/2016]

XI International Congress "Sport and Health", Faculty of Sport and Physical Education, University of Tuzla, BIH

Tuzla, Bosnia and Herzegovina

Invited Lecturer: *Motor Test from the Project "Sport to Schools-Grow Healthy"*

PROJECTS

[01/01/2024 – 30/06/2025]

Capacity building of sport organizations by implementing healthy lifestyle actions among juniors and seniors (Be involved – active)

ERASMUS-SPORT-2023, no. 101134337; Small-scale cooperation partnerships

[01/11/2023 – 30/04/2026] **Find Your Sport Superpower - Everyone Has It (FYSSP-EHI)**

ERASMUS-SPORT-2023-SCP, no. 101133595; Cooperation partnership

[01/09/2023 – 31/08/2025] **Building a healthy active life project for our young people (Activyou)**

KA220-YOU-C2A14593; Cooperation Partnerships in Youth

<https://activyou.eu/>

- [01/12/2022 – 30/10/2023] **Your Heart Beats**
2022-1-HU01-KA210-ADU-000083500; Erasmus+ Small-scale partnerships in adult education
<https://www.theorigoworkshop.com/yourheartbeats>
- [01/11/2022 – 31/10/2024] **Let's unite, sport as the main actor in the climate neutral strategy (SPOCLIMAT)**
ERASMUS-SPORT-2022-SSCP, no. 101088472; Small-scale cooperation partnerships
<https://spoclimat.eu/>
- [01/06/2022 – 31/05/2024] **HOPASUS: A project on how to use sport video games in education (HOP)**
ERASMUS-SPORT-2021-SCP; Erasmus+ Sport Collaborative Partnerships
<https://www.hopasus.eu/>
- [01/01/2021 – 30/06/2022] **Extraordinary Social Change through Sport (ESC)**
622023-EPP-1-2020-1-ITSP0-SSCP; *Small Collaborative Partnerships*
www.roseuropa.it/extraordinary-social-change-through-sport/
- [01/02/2021 – 31/07/2022] **Seguridad en el Tercer Sector (Security in the Third Sector) (STC)**
Erasmus+ KA205, no. 2020-3-ES02-KA205-016585; *Small Collaborative Partnerships*
<https://sdcs.org.rs/projekti/sts/>
- [01/01/2019 – 30/06/2022] **Preventing Youth Sport Dropouts (PYSD)**
603143-EPP-1-2018-1-IT-SPO-SSCP; Small Collaborative Partnerships
<https://www.pysd.net>

PUBLICATIONS

The foot posture of 12-year-old children from the urban environment

Jovčić M, [Drljačić D](#), Bojović M, Malićević S. (2022). The foot posture of 12-year-old children from the urban environment. *Tims ACTA (in press)*

[2022] **[The role of acute pain in achieving binding position using coercive methods](#)**

Milosavljević S, [Drljačić D](#), Srećković S. (2022). The role of acute pain in achieving binding position using coercive methods. *Sport – Science & Practice*, 12(1): 33-36.

[2022] **[PYSD Preventing Youth Sport Dropouts, Test manual based on PYSD prevention model](#)**

[Drljačić D](#), [Vlačić A](#), [Djupovac M](#), [Ivanovski A](#) & [Ugrinić B](#). (2022). PYSD Preventing Youth Sport Dropouts, Test manual based on PYSD prevention model (*published online*)

[2022] **[PYSD Preventing Sport Dropouts, Handbook for the sport coach](#)**

[Drljačić D](#), [Vlačić A](#), [Djupovac M](#), [Ivanovski A](#) & [Ugrinić B](#). (2022). PYSD Preventing Sport Dropouts, Handbook for the sport coach (*published online*)

[2022] **[PYSD Preventing Youth Sport Dropouts, Handbook for the parents](#)**

[Drljacic D](#), [Vlačić A](#), [Djupovac M](#), [Ivanovski A](#) & [Ugrinić B](#). (2022). PYSD Preventing Youth Sport Dropouts, Handbook for the parents. (*published online*)

[2022]

[The importance of a multidisciplinary diagnostic and therapeutic approach to the athletic's painful symphysis syndrome.](#)

Vukosavljević K, Bojović M, [Drljačić D](#), Vukušić K. (2022). The importance of a multidisciplinary diagnostic and therapeutic approach to the athletic's painful symphysis syndrome. *Serbian Journal of the Medical Chamber*, 3(2): 209-219.

[2021]

[The influence of physical activity on degree of depression, anxiety and stress of students of Medical school of the University of Belgrade](#)

Lazarević U, Drljačić D, Bojović M, Milosavljević S. (2021). The influence of physical activity on degree of depression, anxiety and stress of students of Medical school of the University of Belgrade. *Sport - Science & Practice*, 11(2): 57-66.

[2021]

[Effects of a preparatory training protocol on the movement and body stability of handball players](#)

Rađević N, Simović S, Ponorac N, Drljačić D. (2021). Effects of a preparatory training protocol on the movement and body stability of handball players. *Int. J. Phys. Educ. Fit. & Sports*, 10(4): 42-54.

[2021] **[Preventing Youth Sport Dropout](#)**

Đupovac M, Ivanovski A, Agostinelli C, Drljačić D. (2021). Preventing Youth Sport Dropout. *The 4th International scientific conference „Health, Sport, Recreation“*, Belgrade, Serbia, May 14, 2021. Abstract book, pp. 53.

[2021]

[Compressive load as risk factor for the development of tendinopathies of different localizations \[in Serbian\]](#)

Bojović M, Vukosavljević K, Drljačić D, Vukušić K. Compressive load as risk factor for the development of tendinopathies of different localizations [in Serbian. *Kompresivno opterećenje kao faktor rizika za razvoj tendinopatija različitih lokacija*]. *Proceedings of IV International scientific conference „Health, Sport, Recreation“*, Belgrade, Serbia, May 14, 2021; 29-37.

[2021]

[Morphological characteristics and motor abilities of untrained and pupils who train taekwondo](#)

Petrović S, Pajić Z, Drljačić D, Simović S, Brkić B, Živanović Ž. (2021). Morphological characteristics and motor abilities of untrained and pupils who train taekwondo. *Proceedings of IV International scientific conference „Health, Sport, Recreation“*, Belgrade, Serbia, May 14, 2021; 195-201

[2021] **[Guidelines for physical activity at home during the Covid-19 pandemic \[in Serbian\]](#)**

Vukosavljević K, Vukušić K, Pajić Z, Drljačić D. (2021). Guidelines for physical activity at home during the Covid-19 pandemic [in Serbia. *Smernice za fizičku aktivnost u kućnim uslovima u vreme Covid-19 pandemije*]. *Proceedings of IV International scientific conference „Health, Sport, Recreation“*, Belgrade, Serbia, May 14, 2021; 349-355

[2021]

[Comparative analysis of the postural status of preschool- and younger school-age children \[in Serbian\]](#)

Spasojević B, Drljačić D, Pajić Z, Vukosavljević K. (2021). Comparative analysis of the postural status of preschool- and younger school-age children (in Serbian. *Usporedna analiza posturalnog statusa dece predškolskog i mlađeg školskog uzrasta*). *Proceedings of IV International scientific conference „Health, Sport, Recreation“*, Belgrade, Serbia, May 14, 2021; 275-282

[2021] **[Prevalence of obesity among high school children](#)**

Pajić Z, Drljačić D, Simović S, Brkić B, Živanović V. (2021). Prevalence of obesity among high school children. *Proceedings of IV International scientific conference „Health, Sport, Recreation“*, Belgrade, Serbia, May 14, 2021; 202-208

- [2021] [Relationship between glucose regulation, diabetes and Covid-19 \[in Serbian\]](#)
- Vukušić K, Vukosavljević K, Bojović M, [Drljačić D.](#) Relationship between glucose regulation, diabetes and Covid-19 [in Serbian. *Povezanost regulacije glukoze, šećerne bolesti i Kovid-19*], *Proceedings of IV International scientific conference „Health, Sport, Recreation“*, Belgrade, Serbia, May 14, 2021; 356-366
- [2021] [Basics of motor preparation in basketball \[in Serbian\]](#)
- Milićević S., [Drljačić D.](#), Rađević N. (2021). Basics of motor preparation in basketball [in Serbian. *Osnove motoričke pripreme u košarci*]. *Proceedings of 11th International e-Conference on “Sports Science and Health”*, Banja Luka, Bosnia and Herzegovina, 18-19. March 2021; pp. 212-222
- [2019] **Activities of children form rural and urban municipalities**
- Stošić J, [Drljačić D.](#), Đupovac M. (2019). Activities of children form rural and urban municipalities. *The 2nd Serbian International Sports Medicine Conference*, Belgrade, Serbia, 23-25 May. Abstract book, pp. 101...
- [2019]
- [The implementention of recess games for the development of antropomotor abilities of young school-age children \[In Serbian\]](#)
- Jovanović Ranković, Z., [Drljačić, D.](#), Rađević, N., Lazarević, P., Ivanovski, A. (2019). The implementention of recess games for the development of antropomotor abilities of young school-age children [In Serbian. *Primena elementarnih igara u cilju razvoja antropomotoričkih sposobnosti dece mlađeg školskog uzrasta*]. *Proceednings of III International Conference „Sport, Recreation, Health“*, 10-11 May, Belgrade, Serbia. 211-219
- [2019] [Health habits of young school-age children \[In Serbian\]](#)
- Đupovac, M., [Drljačić, D.](#), Pavlović, D. (2019). Health habits of young school-age children [In Serbian. *Zdravstvene navike dece mlađeg školskog uzrasta*]. *Proceednings of III International Conference „Sport, Recreation, Health“*, 10-11 May, Belgrade, Serbia. 140-147
- [2019] [Relation between motor abilities and muscle force-velocity relationship \[In Serbian\]](#)
- Dimitrijević, I., [Drljačić, D.](#), Ćirić Duvnjak, K., Rađević, N. (2019). Relation between motor abilities and muscle force-velocity relationship [In Serbian. *Ispoljavanje motoričkih sposobnosti u zavisnosti od mišićne relacije sila-brzina*]. *Proceednings of III International Conference „Sport, Recreation, Health“*, 10-11 May, Belgrade, Serbia. 132-139
- [2017]
- [The nutritional status of young school children in the city of Sabac involved in the project „Sport to school-grow healthy“ \[In Serbian\]](#)
- [Drljačić, D.](#), Đupovac, M., Pajić, Z. (2017). The nutritional status of young school children in the city of Sabac involved in the project „Sport to school-grow healthy“ [In Serbian. *Uhranjenost dece mlađeg školskog uzrasta na teritoriji grada Šapca uključenih u projekat „Sport u škole-rasti zdravo“*]. *Proceednins of II International Conference „Sport, Recreation, Health“*, 12-13. May, Belgrade, Serbia; 67-73
- [2017]
- The prelevance of obesity in elementary and secondary school children in Belgrade [In Serbian]**
- Pajić, Z, Jakovljević, S., [Drljačić, D.](#) (2017). The prelevance of obesity in elementary and secondary school children in Belgrade [In Serbian. *Prevalenca gojaznosti dece osnovnoškolskog i srednješkolskog uzrasta u Beogradu*]. *Proceednings of II International Conference „Sport, Recreation, Health“*, 12-13. May, Belgrade, Serbia; 306-314

[2017]

Complex modulation of finger tips forces during precision grasp and lift after theta burst stimulation over the dorsal premotor cortex

Drljajic D, Pajić S, Nedeljković A, Milanovic SD, Ilić TV. (2017). Complex modulation of finger tips forces during precision grasp and lift after theta burst stimulation over the dorsal premotor cortex. *Vojnosanitet Pregl*, 74(6): 526-535

[2016]

Effects of organized exercises program within pre-school institution on postural status of children

Drljačić D, Tirić N, Đupovac M, Arsić N. (2016). Effects of organized exercises program within pre-school institution on postural status of children [In Serbian. *Uticao programiranog vežbanja u okviru predškolske ustanove na posturalni status dece*]. *PONS Med J*, 13(1):9-12.

[2016]

The effects of artistic gymnastics training on the motor skills of girls aged 7 to 11 years [in Serbian]

Drljačić D. The effects of artistic gymnastics training on the motor skills of girls aged 7 to 11 years [in Serbian. *Uticao treninga sportske gimnastike na devojčice uzrasta od 7 do 11 godina*]. Scientific-professional conference "Quality of modern education and upbringing", Pre-school training college Sabac, Šabac, 20. May 2016. Abstract book, pp. 36.

[2015] **The effects of handedness on size of corpus callosum**

Drljajic, D. (2015). The effects of handedness on size of corpus callosum [in Serbian. *Efekt lateralizovanosti funkcije šake na veličinu corpus callosuma*]. Proceedings of 8. International Interdisciplinary Conference „Horizons“, 8-9 May, Subotica, Serbia; 319-324.

[2015]

Differences in neuromuscular function between athletes with and without ACL re-injury – retrospective preliminary research

Knezevic O, Kadija M, Milovanovic D, Blesic S, Drljajic D, Mirkov D. (2015) Differences in neuromuscular function between athletes with and without ACL re-injury – retrospective preliminary research. *Proceedings of 5th International Scientific Conference „Contemporary Kinesiology“*, Split, Croatia; 411-417.

[2014]

Assesment of hand force coordination in unimanual manipulation tasks in patients with moderate Parkinson's disease without levodopa-induced dyskinesias

Pajić S, Drljajic D, Nedeljkovic A, Knezevic O, Milanovic SD, Jaric S, Ilic TV (2014). Assesment of hand force coordination in unimanual manipulation tasks in patients with moderate Parkinson's disease without levodopa-induced dyskinesias. *30th International Congres of Clinical Neurophysiology*, Berlin, Germany. Abstract book, pp 507.

[2014]

Modulation of grip force in unimanual manipulation tasks after theta burst stimulation over the dorsal premotor cortex

Drljačić D, Pajić S, Milanović S, Nedeljković A, Ilić TV (2014). Modulation of grip force in unimanual manipulation tasks after theta burst stimulation over the dorsal premotor cortex. *10th Congres of Clinical Neurophysiology with International Participations*, Belgrade, Serbia, 31.10-1.11 2014. Abstract book pp 12.

[2013] **Comparative analysis of postural status in preschool children**

Maksimovic S, Drljajic D. (2013). Comparative analysis of postural status in preschool children, ages 4 and 6. *Proceedings of 6th Conference for Youth Sport*, Bled, Slovenia; 51-58.

[2013]

Exercises of prevention and correction of kyphotic posture within directed motor activity [in Serbian]

Tirić N, [Drljačić D.](#) (2013) Exercises of prevention and correction of kyphotic posture within directed motor activity [in Serbian. *Vežbe prevencije i korekcije kifotičnog držanja tela u okviru usmerene motorne aktivnosti*]. *National Conference with International Participation „Physical Culture and Modern Society“*, 15-16 June, Jagodina, Serbia. Abstract book p. 50.

[2012]

[Eurofit test battery for the assessment of physical abilities and health fitness in children \[in Serbian\]](#)

[Drljačić D.](#), Arsić K, Arsić D. (2012). Eurofit test battery for the assessment of physical abilities and health fitness in children [in Serbian. *Primena Eurofit baterije testova u praćenju fizičkih sposobnosti i zdravstvenog statusa dece*]. *PONS Med J*, 9(4): 158-163.

[2012]

Rate of Force Development as an Adjunctive Outcome Measure in patients rehabilitating after anterior cruciate ligament reconstruction: Patellar tendon vs. semitendinosus gracilis tendon.

Knezevic O, Mirkov DM, [Drljadic D.](#), Kadija M. (2012). Rate of Force Development as an Adjunctive Outcome Measure in patients rehabilitating after anterior cruciate ligament reconstruction: Patellar tendon vs. semitendinosus gracilis tendon. *6th Conference for Youth Sport*, Bled, Slovenia December 06-09. Abstract book pp. 20.

[2011] **The role of rythmic gymnastic on postural status of children [in Serbian]**

[Mirković D.](#), Maksimović S. (2011). The role of rythmic gymnastic on postural status of children [in Serbian. *Ritmička gimnastika i njena uloga u posturalnom statusu dece*]. *Obrazovna tehnologija*, 1/2011, 25-36.

[2009]

Postural status of preschool children as a determinant in drawing up syllabus for preschool teachers training [in Serbian]

Maksimović S, [Mirković D.](#) (2009). Postural status of preschool children as a determinant in drawing up syllabus for preschool teachers training [in Serbian. *Posturalini status predškolskog deteta kao determinanta u izradi planova za obrazovanje vaspitača*]. *II International Interdisciplinary conference „The teachings based on Bologna process“*, 29. Dec, Subotica, Serbia. 362-374

VOLUNTEERING

[2023 – Current] **Association Monomit** Sabac, Serbia

Founder and Chairwoman of Association

<https://www.monomit.rs/>

[2017 – Current] **European Ecology Center** Sabac, Serbia

Supports the work of the organization and participates in its activities

<https://www.ecologycentre.rs/>

[2011 – Current] **Humanitarian Association "Dearest Mila"** Sabac, Serbia

An active member of Association, participates in organization and implementation of activities

https://www.facebook.com/udruzenjemoja.mila/?locale=sr_RS

LANGUAGE SKILLS

Mother tongue(s): Serbian

Other language(s):

English

LISTENING C1 READING C2 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

Russian

LISTENING C1 READING C1 WRITING B2

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DIGITAL SKILLS

Google Drive | Google Docs | Adobe Phptoshop | Microsoft Office Office 365 | SPSS | Social Media

HOBBIES AND INTERESTS

Music and Dance

Plays violin and enjoys dancing

DRIVING LICENCE

Cars: B
