For parents, teachers, coaches, youth practitioners and other HopaSus users

RECOMMENDATIONS

HOPASUS

Familiarize yourself with children's favorite digital content



HopaSuS

Understand children's needs but follow your ogoals

Be physically active and speak about sport when you are with children



Actively listen to your children, show them trust, appreciation and empathy

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Avoid "over" explanations regarding video games and the importance of sports activities

....and then you can suggest to children to be physically active and to play sport video games!



Be active and explore the world of sport video games!

Partners

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